

With the grace and blessings of His Holiness Mahant Ram Singh Ji Maharaj, NIRMAL ASHRAM HOSPITAL (NAH) was inaugurated on the holy day of Baisakhi on April 13, 1990. Since its inception, the Hospital has been making a significant contribution to the Health Care facilities in Rishikesh and surrounding regions in Uttarakhand, in particular New Tehri, Pauri, Srinagar, Chamba & Uttarkashi. NAH - a Multi Speciality Secondary Care Hospital provides comprehensive health care to the community.

The Hospital has undertaken the mission of providing health care facilities to the needy, including saints and poor. It offers OPD consultation & IPD facility to all irrespective of religion, colour, caste or creed. We believe in the maxim "Health Care with Human Touch". The objective of the Hospital is to ensure that all patients receive full medical care and attention they need.

It has been possible for NAH to carry its mission forward with a team of dedicated and committed doctors with effective use of latest technology and our modern state of the art facilities to deliver the finest health care to our patients. It is a Ninety bedded Hospital with 24 hrs. Emergency Services, ICU, NICU, Male, Female, Obstetrics, Gynae, Paedia, Isolation, Nursery, Recovery, Deluxe & Private wards.

The hospital team has a sole objective of giving the best performance in health care at all levels. Today NAH is contributing to the realisation of organisational objectives by making an impact in Rishikesh and its adjoining areas.

Sant Jodh Singh Ji Maharaj is the Secretary General of Nirmal Ashram Trust. He has total responsibility for the smooth functioning of Nirmal Ashram & its institutions namely Nirmal Ashram Hospital, Nirmal Ashram Deepmala Pagarani Public School, Nirmal Ashram Gyan Daan Academy, Nirmal Ashram Eye Institute & Hari Kirpa Silai Kendra. Sant Jodh Singh Ji Maharaj is a Karam Yogi who with the blessings of Sant Baba Nikka Singh Ji Maharaj "Virakat" makes his best & untiring efforts for the proper management of all sisterly concerned institutions of Nirmal Ashram Trust.



Sant Jodh Singh Ji Maharaj
Secretary General

Spiritual Head of Nirmal Ashram



His Holiness Mahant Baba Ram Singh Ji Maharaj Founder of Nirmal Ashram Hospital

With the grace of Almighty & blessings of Brahmigiani Sant Baba Nikka Singh Ji Maharaj 'Virakat', H.H. Mahant Baba Ram Singh Ji Maharaj, the successor of Mahant Buddha Singh Ji Maharaj (Founder of Nirmal Ashram, Rishikesh) was bestowed with the title of Mahant (Spiritual Head) of Nirmal Ashram, Rishikesh on November 10, 1982. His Holiness Mahant Baba Ram Singh Ji Maharaj, a disciple of Brahmigiani Sant Nikka Singh Ji Maharaj 'Virakat', always remained in the constant proximity of his Guru, thus blossoming spiritually from his childhood and with his dedicated selfless service & humility attained the height of divinity. Param Pujya Maharaj ji believes that the best way to worship the Creator is by serving HIS Creation.

His Holiness Maharaj ji travels extensively within India and abroad to spread the teachings of the Sikh Gurus and preach about absolute truth to free mankind from the shackles of ignorance. Param Pujya Maharaj ji says: One should dedicate oneself to the service of the ALMIGHTY through humility, meditation & helping the downtrodden.

H.H. Mahant Baba Ram Singh Ji Maharaj has been a divine source of inspiration in spreading the motto of Nirmal Ashram "Love All Serve All" through various charitable activities. Healthcare, Education & Vision for All are the areas of prime concern to him. He has pioneered the establishment of Charitable Hospitals, Schools, Eye Institute, Vocational Training Centres both in Rishikesh (Uttarakhand) and Karnal (Haryana).

H.H. Mahant Baba Ram Singh Ji Maharaj lives the life of a true Saint and staunchly believes in simple living and high thinking. He is always absorbed in the bliss of the soul and preaches about selfless service, love of God and how to live a righteous life.



वेगी का पूछ खंडु वेगु ॥
दुखीये का मिटावतु पूछ सेगु ॥



God eradicates the disease from the diseased person.
God takes away the sorrows of the suffering.

Nirmal Ashram Hospital

(A UNIT OF NIRMAL ASHRAM, RISHIKESH)

Regular OPD Timing
Monday to Saturday 9:30 AM to 5:00 PM

24X7 EMERGENCY SERVICES

MULTI SPECIALITY HOSPITAL



Nirmal Ashram Hospital



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Distt. Dehradun, Uttarakhand (India)
Ph.: 0135-2439551, 52, 53, 54
Mob. 8077763702
E-mail-nah@nirmalhospitals.com
Website-www.nirmalhospitals.com

SPECIALIZED DEPARTMENTS

General Surgery

- Surgery of Gallbladder stone, Appendix, Hernia, Hydrocele, Piles, fistula, Fissure, Abdominal Surgeries, Lumps Surgery, Thyroid Surgery Breast Surgery, Non Healing wounds, Leg Ulcers
- Laparoscopic Surgery : Lap cholecystectomy, Lap Appendectomy.
- Head injuries, Blunt trauma abdomen and chest
- Varicose veins surgery
- Vascular Surgery, AV fistula, Bypass operation
- Burn & Plastic Surgery
- Cancer Surgery & Chemotherapy
- Paediatric Surgery : Congenital Hernia, Hydrocele, Phimosis

Medicine (Heart & Chest And Pulmonology)

- Hypertension, Diabetes
- Thyroid, Asthma, Pneumonia, TB, Occupational lung disease
- General Systemic & Infectious Diseases, Chronic Cough, Hemoptysis
- Obstructive Sleep Apnea / Snoring
- Chest tube drainage, Pleural Effusion, COPD, ILD, Bronchoscopy
- Allergic Rhinitis,
- COVID, Post COVID problems
- Lung Cancer screening & evaluation, Vaccination

Paediatrics

- Treatment of Preterm & Newborn
- Immunization
- General Systemic & Infectious Diseases
- Paediatric Pulmonology, Phototherapy

Obstetrics & Gynaecology

- Normal & Caesarean Delivery, Infertility, Hysterectomy
- General Gynaecological Disorder

Orthopedics

- Trauma Management, Spine Surgery, Arthroscopy
- Rheumatology, Joint Replacement, THR
- Ilizarov and JESS
- Polio and soft tissue surgeries

E.N.T.

- Micro Ear Surgery, Nasal Surgery, Tympanometry, Endoscopy, Throat Surgery , Thyroid Surgery
- Hearing Assessment by Audiometry, OAE & BERA, Hearing Aids
- Speech Therapy, Well-equipped Outdoor Unit

Dental

- Root Canal Treatment
- Jaw fracture, Gum Disease treatment
- Laser Dental Treatment
- Hygienic dental impression with Scanner
- Crown & Bridge, Light Cure Filling
- Full & Partial Denture, Dental Implant

Urology

- Open Urological Surgery
- PCNL, URCL, TURP, TURBT
- Nephrectomy, Laparoscopic Urology
- Paediatric Urology, Common Andrological Problems
- Vesicovaginal fistula
- Lap pyeloplasty
- Lap Partial nephrectomy
- Renal stone Surgery , Leser Prostate Surgery
- Urethroplasty , Stapler Circumcision
- Reconstructive urology
- Mini PCNL, Laser URSL
- RIRS (no hole: incision less laser stone surgery)
- Renal transplant
- Urological cancers
- Female urology: female urological problems

Radiology

- Ultrasound, X-Ray, CT-Scan, IVP, Barium Studies
- Ultrasound Guided procedures (FNAC, Biopsy, Tapping etc.)
- Fetal Echo

LAB Medicine

- Clinical Pathology
- Haematology, Biochemistry, Microbiological Investigation
- Serological Investigation
- FNAC, PAP Smear

Superspeciality Clinics

Visiting Consultants

- Gastrology
- Cardiology
- Neurology
- Nephrology
- Pain Medicine
- Plastic Surgery

Special Clinics

Visiting Consultants

- Dermatology
- Oncology
- Psychiatry

Services Offered

- Emergency Care (24X7)
- Outpatient & Inpatient Treatment
- Child Vaccination
- Specialized Departments
- Super Speciality Clinic
- Diagnostic Services(24x7): X-Ray, CT Scan, Pathology Lab , Pharmacy (24X7)
- Physiotherapy & Rehabilitation
- Free Consultation & Generic Medicine for needy & Saint
- Nirmal Health Check-up

Facilities Available

- Ambulance
- Modern Operating Theatre
- CSSD
- Labour Room
- Intensive Care Unit
- Neonatal Intensive Care Unit
- Paediatric Intensive Care Unit
- Recovery Ward
- General, Semi-private, Private Wards
- Special Private, Deluxe Wards
- Family Waiting Area
- Canteen
- Lift Facility
- ATM Facility
- Laundry

Advance Facilities

- Endoscopy, Bronchoscopy, Colonoscopy, Sigmoidoscopy
- Video Laryngoscopy
- Transnasal Esophagoscopy
- Image Intensifier
- Dialysis, Kidney Biopsy
- Non-Invasive Cardiology (ECG, ECHO, TMT)
- Neuroelectrophysiology (EEG, NCV, EMG, VEP, Blink Reflex)
- PRP Therapy
- Uroflowmetry

Out Sourced

- Biopsy & Higher Special Investigations
- Blood Bank
- MRI